



Report of the effectiveness of the multiplier event “From needs analyses to course curricula for supporting elderly”

Place: INBIE | Date: 23.05.2022

EXECUTIVE SUMMARY

The event aimed at sharing the IO1 “Essential needs of educators to support seniors”, IO2 „Supporting Elderly: A Practitioner's Guide” and the results that are available and ready to be freely used by adult educators and other stakeholders in the field of adults. The main objective is increasing the awareness of adult educators, facilitators and their organization about the identified needs and about the approach for addressing the essential needs.

31 participants attended the multiplier event and were selected based on their capacity of supporting seniors in education and social care system:

- Educators, facilitators and volunteers who support seniors as potential users of the research results in their regular activity with seniors
- Seniors - giving testimonials will help to raise public interest about active aging.
- Seniors active in social work to use the results and give feedback for the proposed approach
- NGOs, organizations that support seniors in education and social care system, adult educators and volunteering centres who can integrate in their range of activities the results of the project

The event was organised in 2 sessions, a coffee break and catering.

- 1) Reception of participants: sign for participation and for GDPR agreement.
- 2) **Section 1. Presentations:**
 - a) INBIE Staff delegated to this activity presented the aim and objectives of the project, with the aim to increase the visibility of Erasmus+ programme and EU funds.
 - b) INBIE experts presented the results of the research for essential needs of educators and the ways in which participants can use it by themselves for proper improvement of their organization services provided to seniors.
- 3) **Section 2. Group activity** to discuss about the most appropriate approach for addressing the needs.
 - a) Each mixt group (4-5 persons) was moderated by INBIE facilitators with the objective to create an interactive discussions and involvement of each parties.
 - b) The results were shared with participants and took place a plenary discussion
- 4) Conclusions - by INBIE who invited the participants to continue discussions during the networking coffee-brakes and catering consumption.
- 5) Collected feedback to evaluate the impact of the event with regards to organization, purpose, format and overall atmosphere. The purpose was to understand the participants’ opinion and for further improvement.



Table of Contents

EXECUTIVE SUMMARY	1
1. INTRODUCTION	3
1.1. Preparatory activities	3
1.2. Format of the day	3
2. PRESENTATION OF THE EVENT	4
2.1. Participants distribution	4
2.2. Section 1 - Presentation.....	4
2.3. Section 2 – Group activities	4
3. ASSESSMENT OF THE EFFECTIVENESS OF THE EVENT	5
3.1. Impact of the event.....	5
3.2. Follow up.....	5
4. RESULTS AND CONCLUSIONS	6
REFERENCES.....	9



1. INTRODUCTION

1.1. Preparatory activities

- 1) INBIE selected participants based on selection criteria
- 2) Designed and sent invitations via email / phone 10 days prior to the event, with information about the aim of the project, event purpose, funds received, confirmation details and deadlines.
- 3) Prepared a detailed agenda available online in the project web site developed in INBIE's server http://inbie.pl/senior/inbie-files/invitation_senior.pdf
- 4) Promoted the event:
 - b) Invitation: link from INB website
 - c) Agenda of the Multiplier event was posted on the project website and social media
- 5) Designed the dissemination materials and select the provider based on internal procurement procedures
- 6) Organized some catering and place where the meeting were going to be implemented
- 7) Prepared the list of participants using the template available in the gogle drive, prepared the individual hand out and feedback forms
- 8) Prepared the administrative details: Wi-Fi, roll-up of the project in a visible place, coffee break, access to toilets, room arrangements.

1.2. Format of the day

10:00-10: 30 Attendance and Registration of participants
(Welcome coffee)

11:00-11:20 General presentation of "Supporting Elderly Needs Is Our Responsibility"

11:20-11:40 Presentation of Intellectual Output 1 and Output 2

- Essential needs of educators to support seniors
- Supporting Elderly: A Practitioner's Guide

First session:

11:40-12:00 Presentation of the SENIOR project: motivations, objectives, planned outputs, consortium partners and their roles in the project

12:00-12:20 Essential needs of educators and the ways can be used it

12:20-12:30 Coffee brake

12:30 14:30 Supporting Elderly: A Practitioner's Guide and the ways can be used it

14:30-15:00 Discussion

Second session:

15:30-16:15 Discussion about the most appropriate approach for addressing the needs

16:15-17:00 Discussion



17:00-17:30	Plenary discussion
17:30-18:00	Collect feedback and Conclusion
18:00 -	catering

2. PRESENTATION OF THE EVENT

2.1. Participants distribution

31 participants attended the multiplier event and were selected based on their capacity of supporting seniors in education and social care system:

- Educators, facilitators and volunteers who support seniors as potential users of the research results in their regular activity with seniors
- Seniors - giving testimonials will help to raise public interest about active aging.
- Seniors active in social work to use the results and give feedback for the proposed approach
- NGOs, organizations that support seniors in education and social care system, adult educators and volunteering centres who can integrate in their range of activities the results of the project

2.2. Section 1 - Presentation

The event was organised in 2 sessions:

- Presentations
- Group activity

Section 1. Presentations:

- a) INBIE Staff delegated to this activity presented the aim and objectives of the project, with the aim to increase the visibility of Erasmus+ programme and EU funds.
- b) INBIE experts presented the results of the research for essential needs of educators and the ways in which participants can use it by themselves for proper improvement of their organization services provided to seniors.

2.3. Section 2 – Group activities

Section 2. Group activity to discuss about the most appropriate approach for addressing the needs.

- a. Each mixt group (4-5 persons) was moderated by INBIE facilitators with the objective to create an interactive discussions and involvement of each parties.
- b. The results were shared with participants and took place a plenary discussion



3. ASSESSMENT OF THE EFFECTIVENESS OF THE EVENT

3.1. Outline of the event

The event was tailored to produce a positive impact on participants and their organizations:

- Educators, facilitators and volunteers will be aware of the necessity of appropriate teaching methods and tools for seniors' engagement
- Seniors - understand the importance of such activities for own mental health
- Organizations - benefit from professional networking and from a proper educational context to accomplish their mission

The achievements of participants, being able to identify and address the needs of educators as well as seniors, was extended over indirect target groups formed by:

- Educators and colleagues of participants benefit from a system where their voices are valued as input for the online courses
- Organizations will be part of the enabling environment for an active aging society.

3.2. Follow up

These activities contributed to strengthening the collaborative network and to ensure the recognition of educators, seniors and organization staff services in the field of adult. INBIE implemented the following activities:

- Sent thanks' note and certificates of appreciation
- Prepared the report on organizing and event effectiveness, including organizational details, speakers and summary of speeches, photos, a summary of the group activities and its results, collected feedback and analysis, follow-up and a section for the description of the impact of the event
- Summarised the results in a press release
- Send the report to the coordinator to be posted on the project website and social media
- Circulate the link to the project report to all participants to facilitate networking and further collaborations

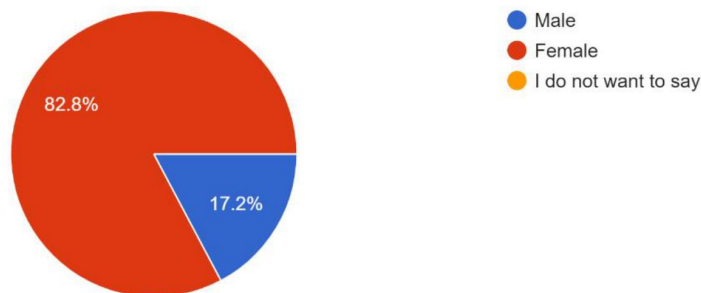


4. RESULTS AND CONCLUSIONS

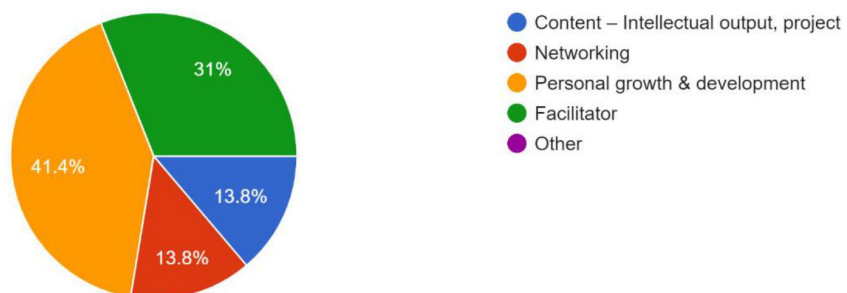
Feedback by all participants, with no exception, was enthusiastic and useful for the project and the application of the sustainability project plan developed by the coordinator in collaboration with project partners.

Respondents to the questionnaire were 29 persons, mainly women. The main reason for attending the multiplier event were: Personal growth and development and because they work with seniors and are facilitators.

Sex
29 responses



The main reason for attending the multiplier event
29 responses

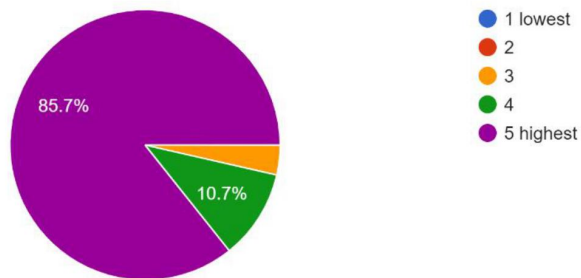


The multiplier event was successful implemented by 85.7% , and All of them agree that the content presented in the multiplier event [IO1 “Essential needs of educators to support seniors”, IO2 „Supporting Elderly: A Practitioner's Guide”] is relevant to their jobs and that the objectives were clearly presented by the facilitator.



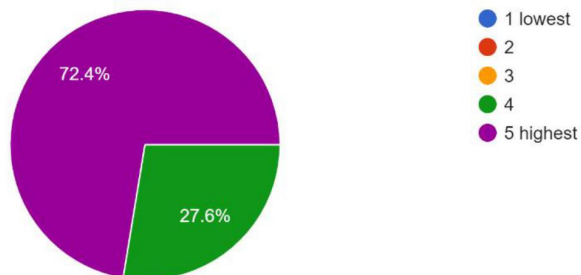
Success rate of the Multiplier Event: (scaling 1-5, where 1- lowest, 5-highest evaluation)

28 responses



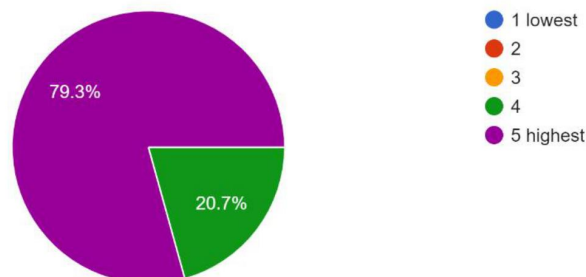
The content is relevant to my job

29 responses



The event objectives were clear to me

29 responses



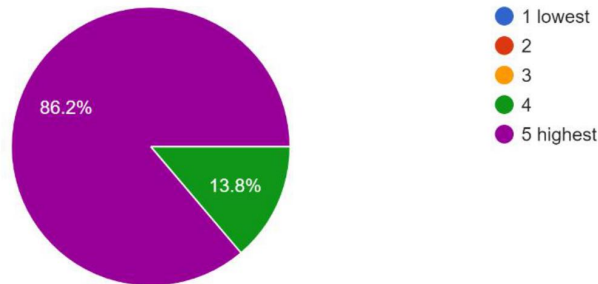
Something important to mark is the facilitator preparation and knowledge of the contents. All the interviewed agree on the well preparation of the facilitator and that the activities of the event gave them sufficient practice and feedback to the intellectual outputs presented. The



content of the multiplier event was a good way to know the content of the Intellectual outputs available in Zenodo and ResearchGate.

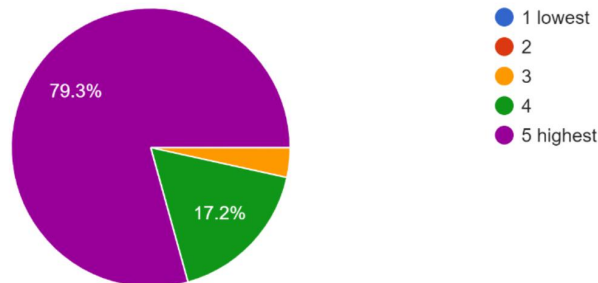
The facilitator was well-prepared

29 responses



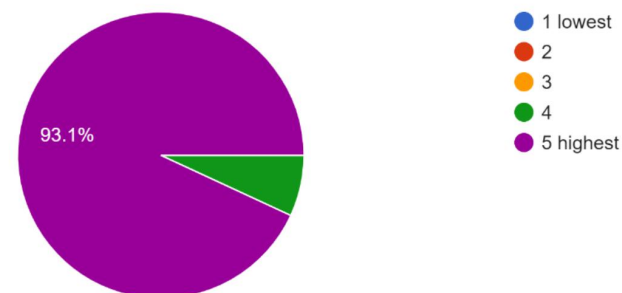
The activities in this event gave me sufficient practice and feedback to intellectual output

29 responses



Multiplier event / intellectual output was a good way for me to learn this content

29 responses





www.trainingclub.eu/senior/

Based on the findings of this survey, the following recommendations can be suggested to further develop and improve future multiplier events:

- ✓ The resources and the overall structure of the training are important elements for the successful delivery and completion of the multiplier events. Participants to the event were happy with the way it was implemented.
- ✓ The interaction between the participants and the trainers plays an important role in the successful implementation of the multiplier event.
- ✓ The involvement of people from governmental and non-governmental organizations in the multiplier events (and not only adult trainers), benefits to the non-formal adult education institutions, is considered crucial according to the participants' point of view.
- ✓ Excellent work,
- ✓ Everything was clear and activities implemented during the project seems very applicable to their activities.
- ✓ Very interesting Intellectual outputs
- ✓ The IOs available only online are not enough, there are still people that would like the printed examples of the guide and curriculum.
- ✓ In general, there are not suggestion for improvements.

REFERENCES

1. Links website"
 - Supporting Elderly: A Practitioner's Guide https://www.researchgate.net/publication/355545124_Supporting_Elderly_A_Practitioner's_Guide
 - <https://zenodo.org/record/5594887#.YoOcbKjP23A>
 - Essential needs of educators to support seniors https://www.researchgate.net/publication/351868393_Essential_needs_of_educators_to_support_seniors
 - <https://zenodo.org/record/4739253#.YoOclKjP23B>
 - INBIE website <http://inbie.pl/senior/>
2. Links social media
 - YouTube: <https://youtu.be/zpiQB9Ncgfo>
 - Facebook:
<https://www.facebook.com/photo/?fbid=1635833103465890&set=a.453397048376174>
<https://www.facebook.com/inbie/posts/1633923866990147>
 - Instagram: https://www.instagram.com/p/CeTDqi0M_QG/
3. Press release
http://inbie.pl/senior/inbie-files/me-senior_press-release.pdf



Disclaimer

The information, documentation and figures in this report are written by the SENIOR project consortium under Grant Agreement SENIOR - 2020-1-RO01-KA204-080320 and do not necessarily reflect the views of the European Commission. The European Commission is not liable for any use that may be made of the information contained herein.

Copyright notice

© 2020 - 2022 SENIOR Consortium

Acknowledgment

This report has received partial funding from the European Union, under the ERASMUS+ Strategic Partnership project - **Supporting Elderly Needs Is Our Responsibility**, Grant Agreement—2020-1-RO01-KA204-080320.