



Empowering the Society through Adult Learning
2021-1-PL01-KA122-ADU-000019479
Learning Mobility of Individuals



KEY COMPETENCES FOR ADULT EDUCATION PROFESSIONALS

Education for Sustainable Development

31.08.2022 – 04.09.2022

organised by

SARICAM HALK EGITIMI MERKEZI

Esentepe Mahallesi Atatürk Caddesi 3022 Sk. No1 Sarıçam/Adana
Sarıçam Ziraat Bankası Şubesi Yanı

The training has been organised in the framework of a project „Empowering the Society through Adult Learning- 2021-1-PL01-KA122-ADU-000019479 Learning Mobility of Individuals, co-financed by the European Union. Action Type: Short-term projects for mobility of staff in adult education.



The objective was: To learn innovative methods for supporting sustainability that forces people to take action and change their individual and collective habits to be better for health and the environment.

The activities focused on how to develop a real environment consciousness and how to improve and implement ecologist thinking and environment care, how to empower the people in order to fight climate change, adapt healthy and respectful planet habits in their daily life as well as show them how to implement those in their communities.

The participants learned and practice several activities, indoor and outdoor, acquiring concrete skills and materials needed in order to develop capacities, skills and thoughts able to fight, as citizens, the illness that is affecting our planet.

They developed a sense of responsibility and awareness of problems in the environment in general and the environment in particular, to ensure the adoption of appropriate measures.

Content:

Activity/Session/Task

Day 1:

- Welcome and registration
- Individual orientation and information about the venue and the city
- Introduction to the 21 Century Skills: Active citizenship
- Our World today: Climate change and Environmental Issues
- Climate change: let's meet and face the problem
- Plans for a better future: United Nations Sustainable Development Goals
- Focus on UN Goal 13: Climate action
- How to get involved at international level?

Day 2:

- What is Sustainable development?
- Focus on: Energy
- Cooperation - the key skill for sustainable development
- How can you get involved as an active citizen?
- How can you turn your community more eco-friendly?
- Focus on: Water
- Examples of good practices from EU
- Focus on: Single use products
- Re-fill & re-use - minor changes in our daily lives

Day 3:

- Agriculture and food production
- Environmental Health Impact
- Food Production and environment
- Best Practices for a sustainable consume
- Sustainable food
- Focus on a change in life-style
- Mediterranean diet: the key for the future? - Master chef Activity

Day 4:

- Your local community: together for a green world!
- It's a global effort: Working with institutions outside your community
- Focus on: Waste management
- Examples of good practices
- Case study

Day 5:

- Cultural activity: Discovering the city and its cultural heritage. Free entrance to the most visited museum of the city.
- Workshop to get involved in the local environment: Trip to a special place in the city totally related with the Climate action.
- Evaluation of the training
- Awarding certificates



More information: <https://inbie.pl/estal>